

# Community

## Setting the Pace

UMRC FOUNDATION'S  
RECORD-BREAKING CAMPAIGN  
MAKES A SPLASH TO IMPROVE  
THE LIVES OF OLDER ADULTS



UNITED METHODIST  
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*Growing To Serve*

# UMRC Foundation Celebrates Record-breaking Campaign

On November 8, the UMRC Foundation marked the record-breaking success of its **Growing to Serve** comprehensive campaign at a special event! Nearly 120 donors and guests were on hand to celebrate. To date, the UMRC Foundation has raised nearly \$27.7 million, exceeding its original \$26 million goal, in support of UMRC's three priority initiatives:

## ■ CAPITAL PROJECTS

Expansion and renovation of the Kresge Healthcare and Rehabilitation Center and construction of the McMullen Wellness Center.

## ■ RESIDENT SERVICES AND LIFE ENRICHMENT ACTIVITIES

## ■ THE BENEVOLENT CARE FUND

The cornerstone of the UMRC Foundation ensures that qualified residents have a safe, loving home at UMRC even if they outlive their savings.



As one of the largest multi-year campaigns of *any* sort in southeastern Michigan, the UMRC Foundation is paving the way for philanthropy in aging services. "Taking on this campaign in 2015 was a challenge, but one we accepted gladly because we knew how much it would mean to the older adults we serve," said UMRC Foundation President Wendy Brightman.

"The tremendous impact this campaign has had—and will continue to have—is far beyond what we had ever imagined and far exceeds any dollar amount. I am so proud of the accomplishments our Foundation staff, board, volunteers, and supporters have helped us achieve. However, our work does not stop here. There are still great opportunities ahead to serve this growing population of older adults. UMRC and the UMRC Foundation will continue to be at the forefront of innovative and compassionate care for older adults and their families." ■

UMRC Foundation team celebrates campaign.





Artist rendering of Kresge Center new construction

## To the New Year!

Happy 2019! Your generous gifts to the UMRC Foundation's *Growing to Serve* comprehensive campaign have helped launch UMRC's largest ever capital project in its 113-year history! There is a lot of excitement at our Chelsea Retirement Community and Huron Valley PACE locations:

**❶ Expansion and Renovations to Kresge Healthcare and Rehabilitation Center:** The new addition to the Kresge Center will be completed in early 2019, with an Open House on February 13th. Kresge residents are eager to enjoy their attractive new rooms and living spaces! Renovations to the existing Kresge Center building will then begin in full swing with project completion expected in 2020.

**❷ Construction of McMullen Wellness Center:** This state-of-the-art structure is also nearing completion with a dedication planned in April. With a heated, zero-barrier pool, as well as hot tub, walking track, exercise equipment, and much more, the McMullen Wellness Center will create a spa-like environment offering the best possible health and fitness outcomes for our residents and staff.

**❸ Huron Valley PACE Expansion:** A transformative gift of \$1 million from The Harry and Jeanette Weinberg Foundation has made possible an addition to Huron Valley PACE in Ypsilanti that doubles the number of low-income, older adults we can serve. We look forward to celebrating the completion of this expansion in Spring 2019! ■





*Fulfilling Our Mission*

# Setting the Pace

## Making a Difference in the Lives

Thanks to YOU, the UMRC Foundation has raised over \$33 million over the last five years. Your gifts have made possible so many projects that help fulfill our mission: to promote the wellness, dignity, and independence of older adults by supporting the residents, staff, and communities UMRC serves.

Above: Kresge Center new construction  
Right: Ruth and Ted Aufdemberge ring in the New Year.



### Innovative Care and Services

- The Thome Rivertown Neighborhood in Detroit, including establishing a Resident Services Fund for Assisted Living residents
- Huron Valley PACE (Program of All-inclusive Care for the Elderly) in Ypsilanti
- Thome PACE in Jackson
- Renovations to Dancey House independent living apartments at Chelsea Retirement Community (CRC)

### Strengthening the Safety Net of Benevolent Care

- For qualified residents in assisted living who outlive their savings

### Elevating UMRC Staff and Care Partners

- Staff Scholarships
- Emergency Aid for Staff
- CNA Career Pathways Program

McMullen Wellness Center opens in April.



Thome PACE intergenerational music therapy.







Sassy Strummers perform Artful Aging ukulele concert.



Margaret Rink shares her artwork.

# of Older Adults

## Programming that Improves the Lives of Older Adults

- **Positive Approach™ to Care** dementia training for UMRC staff, families, and community care partners
- Action Pact Culture Change model for Kresge Center
- Artful Aging arts classes
- *Birds of the Bible* art installation at CRC
- Music & Memory program for residents with dementia
- Intergenerational music therapy classes at Thome PACE
- iPads for CRC residents
- Anti-fall training

## Creating Serene Spaces for Residents and Families to Enjoy

- Cutting Garden
- Assisted Living Cutting Garden
- Farm to Table Cutting Garden
- Ann Ford Garden Oasis at Glazier Commons
- Heritage Room museum
- CRC Chapel

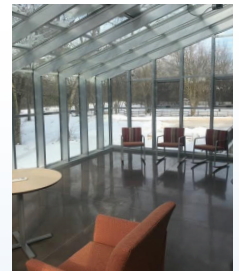
## Community Granting

- Meals on Wheels Ypsilanti
- Friends of Jackson Seniors – Meals on Wheels
- Focus: HOPE Detroit Food Bank
- Huron Waterloo Pathways Initiative bike trails – Chelsea
- Alzheimer's Association support groups
- Chelsea Senior Center rural transportation
- WAVE Bus Transportation



Bertie Hubbard and the McCumons

## Huron Valley PACE Greenhouse



## Rivertown resident with Julia Szuper







Catherine McClung speaks about her "Birds of the Bible" mural.

## *Birds of the Bible* on Display at CRC

In September, self-taught Michigan artist Catherine McClung delighted Chelsea Retirement Community (CRC) residents and local community members with her watercolor mural, *"Birds of the Bible."* Today, thanks to a generous gift from Dick and Norma Sarns, long-time friends of the artist and emeritus UMRC Foundation board members, her magnificent work is permanently on display to welcome residents and visitors to the CRC Chapel.

Catherine's mural took over two years to complete, the culmination of years of Bible study, bird-watching, photography and painting. A favorite photo she took of a sparrow reminded her of the hymn, "His Eye is on the Sparrow," and

made her wonder: "how many birds are mentioned in the Bible?" She soon learned the answer – 33!

"God put it on my heart to paint all the birds together," says Catherine, who began sketching birds in various poses. Eventually, her birds filled ten individual sections in three panels, measuring nine feet by eight feet, all set in beautiful scenes of nature.

Her mural has been displayed at fourteen locations across Michigan before arriving at CRC. This acclaimed artist has also drawn designs for Lennox China as well as a White House Christmas ornament in 2002.

Catherine finds inspiration in her outdoor walks. "I look for God's hiding places. There are so many beautiful places in nature." ■



# THE CREATION OF THE *John Thorhauer Legacy Fund*

*Honoring a Legacy*

As John Thorhauer retires from his role at UMRC in October 2019, the UMRC Foundation is honoring his legacy of leadership and service as President and CEO by creating the John Thorhauer Legacy Fund. This fund will reflect John's caring example to support older adults, particularly those who are low-income.

"With the goal of raising \$1 million for the John Thorhauer Legacy Fund, earnings from the fund will be used in perpetuity to

support projects serving vulnerable older adults – at one of our UMRC locations or in the communities we serve," explains UMRC Foundation President Wendy Brightman. "We will look to the UMRC staff to provide input and suggest projects for consideration and funding each year."

To learn more about how you can help create the John Thorhauer Legacy Fund through your gift or pledge, contact the UMRC Foundation at 734.433.1000 ext. 7397. ■



John Thorhauer

This fund will reflect John's caring example to support older adults, particularly those who are low-income.

For more information please contact the **UMRC Foundation** at **734.433.1000 ext. 7397**.

## Intergenerational Music Therapy Classes

Coming to Thome PACE Thanks to Grant from Jackson Community Foundation

The UMRC Foundation recently received a grant from the Jackson Community Foundation in support of UMRC's Thome PACE (Program of All-inclusive Care for the Elderly) in Jackson. This grant of \$5,000 will help implement intergenerational music therapy programming for area older adults who participate in PACE and local children, ages six months to five years, in partnership with Harmony Garden Music Therapy Services.

Music therapy that engages both older adults and children has been shown to have a variety of physical, emotional, cognitive, and social benefits for old and young alike, according to Thome PACE Recreational Therapy Supervisor, Maegan Zurawski. "The intergenerational component of this project is one of the most creative and innovative elements. Music therapy for these young children and their

"grandfriends" will provide meaningful and therapeutic outcomes and give class participants the opportunity to share in the music therapy experience, regardless of age or ability."

Weekly classes will begin in February 2019 and will be offered free of charge to all participants and children/families, thanks to this grant. For more information, call Thome PACE at 517.768.9791. ■

Grant brings smiles to children and older adults.





## COMMUNITIES IN *Harmony*

### **Chelsea Retirement Community**

805 West Middle Street  
Chelsea, Michigan 48118  
P: 734.433.1000

### **The Cedars of Dexter**

411 Cedars Lane  
Dexter, Michigan 48130  
P: 734.792.9702

### **The Pines**

325 Wilkinson Street  
Chelsea, Michigan 48118  
P: 734.433.9130

### **Silver Maples of Chelsea**

100 Silver Maples Drive  
Chelsea, Michigan 48118  
P: 734.475.4111

### **The Thome Rivertown Neighborhood**

250 McDougall Avenue  
Detroit, Michigan 48207  
P: 313.567.8045

### **Huron Valley PACE**

2940 Ellsworth  
Ypsilanti, Michigan 48197  
P: 734.572.5777

### **Thome PACE**

2282 Springport Road  
Jackson, Michigan 49202  
P: 517.768.9791

### **Senior Community Care of Michigan**

1921 East Miller Road  
Lansing, Michigan 48911  
P: 517.319.0700

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