



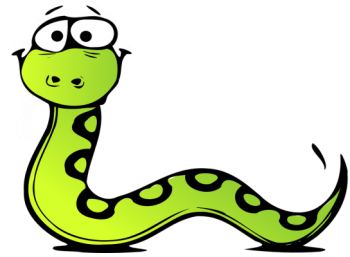
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			1 9 am—Yoga w/ Courtney No Pool Fitness BR Reserved 11-4 4-5 Patio Ribbon Cutting Celebration & Mingle!	2 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia 1 pm Afternoon Movie: "Fences"	3 11 am - Tai Chi 1-3 pm—Cribbage (BR) 3:30 pm Non-Denominational Bible Study Puzzle Friday: Check Mailbox	<div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;">June Birthdays</p> <p>Ruth G. 06/08</p> <p>Maryann M. 06/11</p> <p>Norma S. 06/11</p> <p>Lou R. 06/14</p> <p>Linda S. 06/21</p> <p>Sue L. 06/25</p> <p style="text-align: center;">Happy Anniversary:</p> <p>Lou & Sheila 06/08</p> <p>Gene & Ruth 06/10</p> <p>Tim & Char 06/11</p> <p>Joe & Jane 06/11</p> <p>Ray & Jean 06/13</p> <p>Dave & Mary Ann 06/21</p> <p>Pat & Elaine 06/24</p> <p>Dave & Louise 06/25</p> </div>	
5 Maintenance: 734.792.9700 ext. 5, ER: 734.649.2235 Kitchen (RSVP & To Go's) 734.385.1151 Chef Office: 734.792.9701 Natalie: 734.792.9703 (Cell) 734.548.5733 Jackie: 734.792.9702	6 9 am—Yoga w/ Maureen 10 am Pancake Breakfast! <u>No Water Fitness</u> 1 pm—Bridge	7 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia 4:30 pm Game Night w/ Pizza!	8 9 am—Yoga w/ Courtney 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan	9 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia	10 9:30 am Cedars Voices (in-person) 11 am—Tai Chi 1-3 pm—Cribbage (BR) 3:30 pm Non-Denominational Bible Study		11
12	13 9 am Yoga w/ Maureen 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan 1 pm Bridge	14 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia 12 pm—Men's Patio Luncheon! 3:00 pm—Sit & Knit	15 9 am—Yoga w/ Courtney 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan BR Reserved 11-4	16 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia 4 pm Hymn Sing Chef Mark's Summer BBQ	17 11 am—Tai Chi 1-3 pm—Cribbage (BR) 3:30 pm Non-Denominational Bible Study Puzzle Friday: Check Mailbox		18
19 	20 9 am—Yoga w/ Maureen 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan 1 pm—Bridge	21 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia 2 pm Creature Conservancy Visit	22 9 am—Yoga w/ Courtney 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan 3:30 pm Book Club Meeting	23 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia	24 11 am—Tai Chi 1-3 pm—Cribbage (BR) 3:30 pm Non-Denominational Bible Study Puzzle Friday: Check Mailbox		25
26	27 9 am—Yoga w/ Maureen 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan 1 pm—Bridge 3 pm Bingo	28 9:30 am Coffee & Donuts 10:30 am—Fitness w/ Cynthia 11:30 am—Seated Fitness w/ Cynthia	29 9 am—Yoga w/ Courtney 10:15 am—Water Fitness w/ Susan 11:15 am—Water Fitness w/ Susan	30 9:30 am—Fitness w/ Cynthia 10:30 am—Seated Fitness w/ Cynthia Birthday Dinner	30		



Creature Conservancy

This non-profit promotes animal conservation through education. They are excited to visit us on **June 21 at 2 pm** and bring the following critters:

- Sloth -Opossum -Python
- Armadillo -Skink -Hedgehog



Zoom links for the month:

Tuesday Fitness: <https://us06web.zoom.us/j/82828271355?pwd=UndPYy9LTFU2dVpISGpnMkU3SHpEZz09>

Meeting ID: 828 2827 1355

Passcode: 962536

Thursday Fitness: <https://us06web.zoom.us/j/86313217469?pwd=aUdrNDI2YjU2cEtBVHVIZXJjVWhPdzo9>

Meeting ID: 863 1321 7469

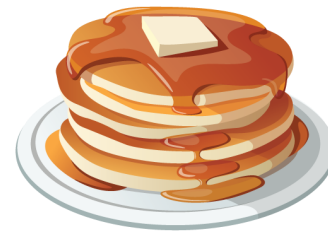
Passcode: 426196



Pancake Breakfast!

Pancakes, sausage, juice & coffee

June 6 at 10 am
Sign up by June 3.



Men's Patio Lunch!

Tuesday, June 14 at 12 pm

Sign up by June 7

Join the men for burgers on the grill, potato salad, coleslaw and drinks! Will be held inside if weather is inclement.



Reminders

- Please save the above Fitness links provided on the calendar & via e-mail, to ensure they are easily accessible for you. Our team is not guaranteed to be available to send out links before class. This will be especially important as we experience inclement weather.
- Water Fitness classes will now be held with Susan Filipiak on Mondays & Wednesdays at 10:15 and 11:15 am! **Please sign up in the book!**
- As requested, the 11:30 am Cynthia Fitness Class will be changed to 9:30 am (except the last Tuesday of the month.) The class will be held outside when possible.

Jane Sparks is back to lead the Non-Denominational Bible Study group in May & June.

*All are welcome and encouraged to attend!
Bible Study will break for July & August.*

