



How to start the conversation: When is it time to move to a assisted living community?

This can be an emotional conversation, as change is difficult for everyone. However, waiting too long for support can have negative consequences on both the caregiver and loved one. Below are suggestions on how you can ease into a conversation with your loved one about seeking more support from an assisted living community.



1. Timing is everything. Make sure that you choose a time and place to have a private, focused conversation without additional stressors around.
2. Discuss how an assisted living community can take away the added stress of continuous maintenance of a home—shoveling the walk, mowing the lawn, changing the lightbulbs, cleaning the floors.
3. Illustrate how their life can be easier, how they can get back to the things they enjoy doing—attending church services, playing cards with friends, etc.
4. If you are not in the immediate area of your loved one, having a qualified caregiver available to them 24/7 in times of medical emergencies or care concerns is important.
5. Ask if any of their friends have made a move to an assisted living community. How are they doing?
6. Talk about expenses—do they have any savings, long-term care insurance plans etc., that you should know about so you can help them plan when looking for an assisted living community?
7. Ask if they have any preferences on communities they would like to move to?
What is important to your loved one when making a move?

About Chelsea Retirement Community

Chelsea Retirement Community is an important part of Brio Living Services. From the beautiful surroundings to the warm welcome you'll receive from our team members and residents, this community offers a wealth of opportunities that will complement your lifestyle. We offer Independent Living, Assisted Living, Memory Care, Rehabilitation/Post-Acute Care, and Skilled Nursing. We invite you to experience Chelsea Retirement Community – a great place to call home since 1906.

