

A MAGAZINE *from* BRIO LIVING SERVICES

# Community

BRIO LIVING SERVICES AND UMRC-PORTER HILLS FOUNDATION ANNUAL REPORT JULY 1, 2022 THROUGH JUNE 30, 2023

## Illustrating Impact



See How Your Gifts Make a Difference for Older Adults and Team Members!



# Brio Living Services

**MISSION:** Welcoming all, partnering together, enriching lives.

**VISION:** A world in which all are empowered to age well.



Brio Operations Team volunteers at Ronald McDonald House.

## Thank You!

A Letter from Steve Fetyko, President & CEO, Brio Living Services  
and Mike Shore, Board Chair, Brio Living Services

People like you who care about the well-being of older adults have helped make Brio Living Services the organization we are today. Brio's success is a reflection of your dedication, gifts, and compassionate service. The positive impact you have had on older adults, their families, as well as our team members, is awe-inspiring. As we look back on not only the past year, but also the illustrious history of our combined organization, philanthropy is the common theme woven through every aspect of our ability to grow in service to older adults.

The unwavering support of friends like you has allowed us to navigate the challenges of, particularly, the past few years and be able to invest in our organization to better serve older adults. Over the last year, these investments have included updates at several of our residential communities, including Chelsea Retirement Community, Porter Hills Village, and Meadowlark Retirement Village. We are serving 50% more participants at our five PACE locations than we were five years ago. And we are expanding our home-based programs and re-launching Avenues by Brio

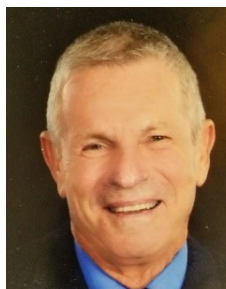
Living Services, providing opportunities for older adults to age well in their own homes.

At Brio Living Services, we do not seek to grow simply for growth's sake, but to constantly improve and offer innovative ways to serve a growing population of older adults across the full socioeconomic spectrum. We are excited about our future with you by our side. ■

In Service,



**Steve Fetyko**  
President & CEO  
Brio Living Services



**Mike Shore**  
Board Chair  
Brio Living Services



# UMRC-Porter Hills Foundation

**MISSION:** As faithful, philanthropic stewards and steadfast advocates for vibrant aging, we support the mission of Brio Living Services.



A Letter from Kelli Smith, President & CEO, UMRC-Porter Hills Foundation and Reezie DeVet, Board Chair, UMRC-Porter Hills Foundation

**T**he Foundation's mission is to be faithful, philanthropic stewards and steadfast advocates for vibrant aging. Last year, your thoughtful gifts helped us raise over \$7 million to support the Foundation's funding priorities. Your generous support allows us to faithfully live our mission and invest in the people and spaces that make the extraordinary care of Brio Living Services possible.

Spend some time at any of our locations or communities, and you will quickly see that it is the people who truly make our organization so special. You may also feel this connection from the comfort of your own home from team members who provide home- and community-based care and services. *There is a genuine affection and feeling of family between those we serve and those WHO serve.*

We'd like to share the story of a resident who is very independent and in a wheelchair. Although non-verbal, she communicates in every other possible way. One day, while exploring the hallway, a caregiver came to check on her. The resident's eyes widened; she smiled and leaned toward the team member who returned her smile. The close bond they shared was evident, and it was clear she was just as delighted as the resident

to engage. Having caring, compassionate team members who know you and your desires, even when you cannot put those desires into words, is powerful.

Thank you for helping to make these moments possible! Whether you supported Team Member Support Services, Life Enrichment, Benevolent Care, or Capital Needs, or you made an unrestricted gift to use where needed most, your kindness blesses the lives of older adults. ■

With gratitude,



**Kelli Smith**  
President & CEO  
UMRC-Porter Hills  
Foundation



**Reezie DeVet**  
Board Chair  
UMRC-Porter Hills  
Foundation

## Valuing the Vital Work of Team Members

Cal Verduin is a believer in “giving while you’re living,” something he learned while working for Peter Cook at Mazda Great Lakes. “Peter believed in sharing,” says Cal of the person he describes as “the second most influential man in my life.” Cal also reflects the values of LaGrave Avenue Christian Reformed Church, where he has been a member since 1960.

A Porter Hills Foundation Board member for four years, Cal and his first wife, Pat, moved to Porter Hills Village in 2010. “Pat had a disease that included dementia,” says Cal. “We knew it was going to get worse, and I wanted to be sure we would have a continuum of care, especially if something happened to me. We looked at every not-for-profit care organization in the area. When we got to Porter Hills Village, Pat said, ‘I could live here.’”

Pat, who passed away in 2017, and Cal supported Porter Hills through their generosity, a tradition he continues today with his new wife, Barb, whom he met at church. This includes a five-year gift to the west-side **Team Member Support Services Fund**.

“I spent my life in business,” says Cal. “Business is really people. I’m convinced that personal relationships are like a chain, and we have to pay attention to those vulnerable links. By helping that person in some way, you truly build loyalty and solidify that relationship. It’s so important for those who do the most vital work to feel valued.”



Barb and Cal Verduin

Cal and Barb enjoy living in a town home at Porter Hills Village, where they participate in the balance and core strength classes.

His advice to new residents is,

*“Dive in! There are people here of all backgrounds, not just one ethnicity or church denomination. People greet each other at dinner. If you can’t find something to do here, you’re not looking.” ■*



## Herb and Dori Vander Mey



Herb and Dori Vander Mey

**D**oris “Dori” and Herbert Vander Mey left a legacy of generosity, faith, and civic-mindedness that reflects their passion and commitment to West Michigan during their lifetimes. Their thoughtful estate gifts to the UMRC-Porter Hills Foundation will continue to support older adults through wellness programming and Benevolent Care at Porter Hills Village, Dori’s home for more than 20 years.

Dori was born in Cleveland, but spent much of her young life in Canada, near Toronto. At nineteen, she moved to Grand Rapids to live with her aunt and met Herbert on a blind date. Standing 6’7”, “Big Herb,” as he was

known, was a natural athlete. Dori recalled, “I thought he was too tall at first, but Aunt Marge liked him. He was wonderful to me.” The couple married in 1951.

Herbert joined Michigan Wheel in 1943, and his career spanned 43 years, rising to CEO with his business talents and leading the company from a regional supplier during wartime to become a world class supplier of boat propulsion systems.

When Dori was diagnosed with multiple sclerosis as a young woman, Herbert founded the West Michigan M.S. Society. Lifelong members of LaGrave Avenue Christian Reformed Church, the couple’s faith guided their values and passion for service to others. This included the Porter Hills Foundation Board, which Herbert served for four years.

Herbert passed away in 2004 and Dori in 2022. In her later years, Dori shared why they decided to include the UMRC-Porter Hills Foundation in their estate plan: “I like the people and everything about Porter Hills Village. It’s a lovely retirement home, and there is something for everyone. They have been so good to me, and I’ve enjoyed it so much here.” ■

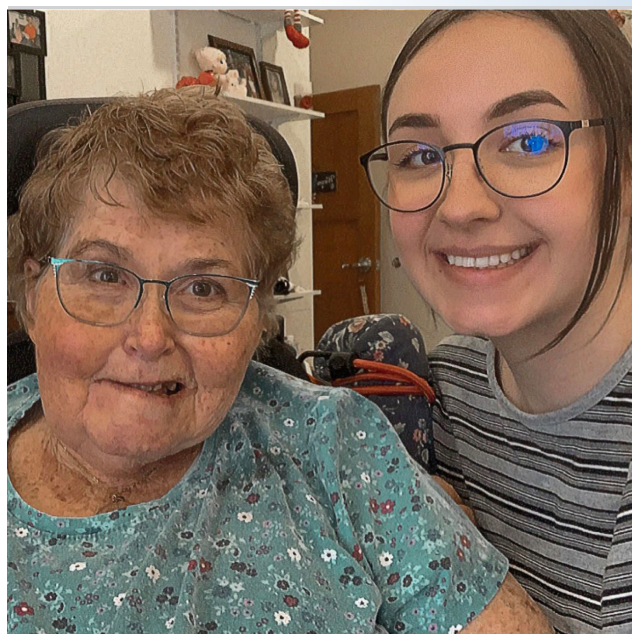
**To learn how you can create a lasting legacy for older adults, contact the UMRC-Porter Hills Foundation at [Foundation.UMRCPH.org/planned-giving/](https://Foundation.UMRCPH.org/planned-giving/) or 734.433.1000 ext. 7397 (east) | 616.577.2297 (west)**

# Mia Larson: Fulfilling Her Dream of a Career in Healthcare

Since she was a kid, Mia Larson always wanted to work in healthcare. She completed her CNA training at Kent Career Technical Center while still a high school student. As part of the program, Mia says, “There was a mock practice interview with Porter Hills. Then I got a real interview with Porter Hills. I started working there right out of high school.”

Today, Mia is a Shahbaz in Brio’s **Green House® Homes** in Grand Rapids. Considered the “gold standard” for long-term skilled nursing care, Green House Homes utilizes the Household Model of person-centered care for its residents. In the Green House Homes, a Shahbaz takes care of everything related to providing for an elder and running the household. Mia says her favorite thing about her job is “working with a good team and being able to help people and brighten their day. It’s like working with a big family. Everyone takes care of each other.”

Thanks to a *Scholarship* from the UMRC-Porter Hills Foundation’s **Team Member Support Services Fund**, Mia is now pursuing her R.N. degree. “I am grateful for my scholarship,” says Mia. “Financially, it’s really helping and taking a lot of stress off going to school, and it shows our organization cares about its team members. It helps that I can work, and it motivates me more to continue my education.”



Colleen and Mia Larson

“Mia is an informal leader, and she uses that gift to support the team,” says Trisha Watkins, Nursing Home Administrator and Guide. “She shows great care and compassion for our elders and engages with them beautifully.” One example is when Mia fulfilled a “bucket list” item for one of her residents who had always wanted to try oysters. “This meant a lot to the elder and those around her.”

While not always easy, Mia says working with older adults “is definitely rewarding. You’ll learn so much from working with them, and they’re very caring. You really feel appreciated.” ■



## “A Sense of Calmness”

On August 24, 2023, Courtney Phiscator, Brio Human Resources Learning and Development Manager, and her husband had been enjoying an evening at the John Ball Zoo when they received alerts on their phone that severe weather was coming. They ran to their car, then heard about tornado sightings. By the time they got to their home in Plainfield, their neighborhood was without power. When they entered their master bedroom, they discovered their neighbor’s tree had fallen directly over the bed. Eight more trees were down in their backyard.

“The tree broke through our roof and attic,” says Courtney. “Everything was soaked with rain water, including the walls. We were overwhelmed and didn’t know where to begin.”

While the couple has insurance, it only covered structural damage from the storm, and their savings went quickly to cover other necessary expenses. “We felt like we had a decent savings account, but you don’t realize how expensive things will be,” says Courtney. “When we were trying to problem solve, I thought about the UMRC-Porter Hills Foundation’s *Emergency Aid Fund*, and we decided to look into it.”

Part of the **Team Member Support Services Fund**, the Emergency Aid program was designed to provide eligible Brio Living Services team members with limited assistance (up to \$1,000) in times of emergency causing temporary, unplanned financial hardship.

2021 Wedding photo of Courtney and Colton Phiscator with their dog, Bodi



“The form to complete was so easy, and the responses were so quick,” says Courtney. “We were able to use the Emergency Aid money to clear the trees in our backyard.”

The work to repair the house is still ongoing, says Courtney. “It has been a process. It’s mentally hard to come home and not have your safe space. The Emergency Aid Fund has really provided a sense of calmness in the midst of chaos. *I’m one of the biggest advocates for the Foundation. It is a big honor to work for an organization that cares about its team members, especially in times of crisis.*” ■

**To learn more about how you can support the UMRC-Porter Hills Foundation Team Member Support Services Fund, contact:**  
734.433.1000 ext. 7397 (east)  
or 616.577.2297 (west)

# Thank You, Sponsors!



## GIVING *Gratitude*

Thank you to all who took part in the UMRC-Porter Hills Foundation's *Giving Gratitude* events held in Grand Rapids on October 11 and in Chelsea on October 25.

We were thrilled to welcome you and delighted to have many of our Brio Living Services team members on hand. Over \$180,000 was raised from this year's events to support the Foundation's Team Member Support Services Fund. We expect this revenue to cover 18 months of Scholarships and Emergency Aid for team members across the state!

We are especially grateful for our Sponsors who made these events possible!



### Lead Sponsor



### Patron Sponsors



### Benefactor Sponsors

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## Rose Pest Solutions: Family Ties and Commitment to Team

Rose Pest Solutions, Lead Sponsor for Giving Gratitude for the second year in a row, has a long family history. Russ Ives, Brio Living Services Board member, and his brother, Jim, represent the third of four generations of the Ives family to be part of Rose Pest Solutions, with three of their children now working there.

Their grandfather, Harlem Ives, moved his family from Chicago to Detroit during the Depression to open a Rose Exterminator Co. office. “A friend of my grandfather’s told him about the opportunity,” says Jim. “He had no pest control experience, but took a leap of faith. My grandmother handled the bookkeeping. It has grown from two people to 370 employees today.”

Jim and Russ believe that Rose Pest Solutions, named a 2023 Top Workplace by *Detroit Free Press*, and Brio Living Services share high ethical standards and a commitment to their employees. “Our corporate core values are responsiveness, teamwork, and doing the right thing,” says Jim. “We hold our clients in the highest esteem. Everything we do is because of our desire to meet and exceed client expectations.”

Russ adds, “We have no business without the people who deliver our services. We depend on each other to provide a top quality experience to our clients.”

Proceeds from this year’s Giving Gratitude events support the Foundation’s Team Member



L to R: Russ Ives, Chairman of the Board; Case Ives, Director of Human Resources; Kim Rodriguez, Corporate Counsel; Jeff Ives, Director of Technology and Operations; Jim Ives, President

Support Services Fund, including Scholarships and Emergency Aid. “These are key elements of recruiting and keeping good team members to make life as good as we can for the people who depend on us,” says Russ.

“Sponsoring Giving Gratitude is important to our family,” says Jim. “Our maternal grandfather, Marshall R. Reed, was a Methodist Bishop. He and our grandmother, Mary Esther, moved to Chelsea Retirement Community in 1970, where she lived for 23 years. She received wonderful care. As a family-run business, this translates into wanting to support the causes that are dear to our family.” ■

# Achieving Excellence

## High Fives for All Fives: 5-Star Dedication to Quality



L to R: Jessica Mays, Natasha Morris, Charesse Doxie, Marcia MacGraw. Back: Sydni Bentley

The 5-star quality rating system used by CMS is intended as a measure to help people more effectively compare and choose nursing care centers, according to Steve Fetyko, President and CEO of Brio Living Services. Ratings are determined after CMS thoroughly examines each center's health inspections, staffing, and other key quality measures. "A 5-star rating signifies excellence and is a direct result of our team members' dedication to providing the highest quality care for all those we serve," says Fetyko.

**B**rio Living Services has earned the highest possible ratings for its three skilled nursing centers following the latest review from Centers for Medicare & Medicaid Services (CMS). This includes the Kresge Healthcare & Rehabilitation Center at Chelsea Retirement Community and the Health Center at Porter Hills Village and Green House® Homes, located in Grand Rapids.

"Having one 5-star rated community is extremely difficult to achieve, but for each of our Medicare-rated skilled nursing centers to earn 5 stars is just incredible," says Nicole Maag, Chief of Residential Services for Brio. "We are tremendously proud of the amazing care being delivered each day in all of our clinical areas at Brio Living Services." ■

## New Leader at Thome PACE

**R**obyn Abbey-Hardesty, LMSW, recently became the new Executive Director of Brio's Thome Program of All-inclusive Care for the Elderly (PACE) in Jackson. Robyn replaces Sue Decker who retired from this position in December 2023. Formerly the PACE Day Center Manager, Robyn gives kudos to the Thome PACE team as the reason she is in this new role: "We're always striving to do better to support each other and work toward the goals of our participants and the organization." ■



Pete with Robyn Abbey-Hardesty



## Rev. Tom Bradley: Courage, Grace, and a Thankful Spirit

In Spring 2023, Rev. Tom Bradley retired from pastoral care after a forty-year career. Still, the position at Porter Hills Village caught his eye when it popped into his news feed.

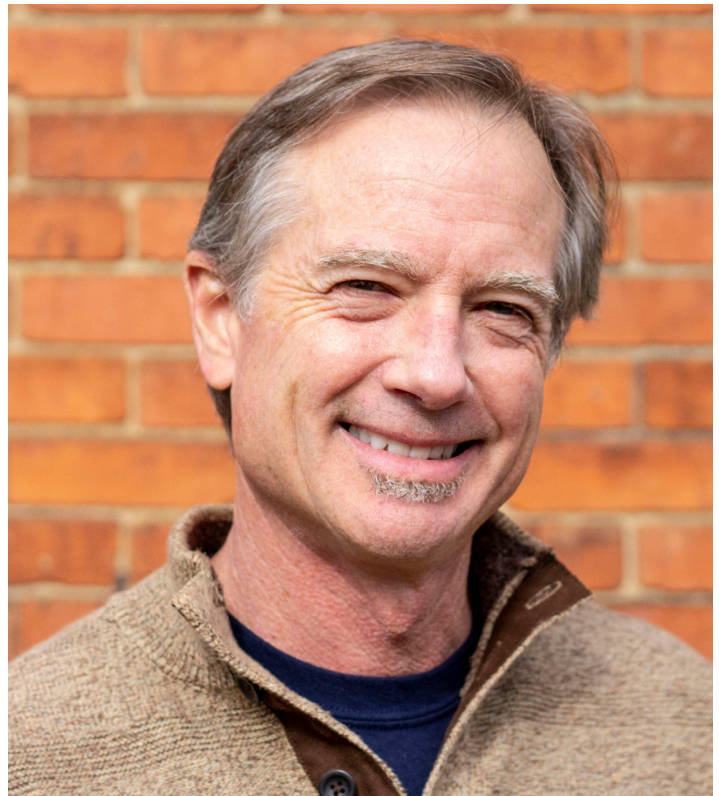
“It’s a great extension of my ministry experience,” says Tom. “I love the residents, and we have great discussions. They’re a joy to be around. When you do what you love, it doesn’t feel like work.”

He liked it so much that, when his mother-in-law, Jeanne, needed more care, she moved to Aspen Court at Porter Hills Village. “It was a perfect fit,” Tom says. “She had physical therapy, 24-hour assistance, and my wife and I were close by to look in on her.”

Jeanne passed away this fall, but Tom says, “It was the best decision to move her here. She got great care from a great team.”

Tom leads worship services and offers Bible studies, counseling, and support groups among residents at Brio’s west-side communities. “There is a lot of pain in the support groups as we experience loss,” says Tom. “If we can do that with grace and with people supporting us, it makes it manageable instead of overwhelming.”

In addition to his role at Brio, Tom serves as a volunteer law enforcement chaplain in Walker, Michigan and is a master chaplain with the International Conference of Police Chaplains. He also continues to volunteer with inner city



Rev. Tom Bradley, Chaplain

youth and teens at the Baptist church where he had previously worked.

“Framing your situation is a phrase we use with critical incidents,” explains Tom. “You can’t always choose what happens, but how you choose to deal with it or frame it can be the difference between living as a victim and one who is rising to the challenges with courage and grace. For those who are living with the challenges of the aging process, but who have courage, grace, and choose a thankful spirit—I find that inspiring.” ■

# Brio Living Services and UMRC-Porter Hills Foundation Highlights – July 1, 2022 through June 30, 2023



## ENTERPRISE THOME AGING WELL GRANT

A two-year Thome Aging Well grant of \$200,000 to the UMRC-Porter Hills Foundation is helping to enhance physical and mental wellness for residents at each of Brio Living Services' Affordable Living communities. Residents have enjoyed NuStep fitness equipment in addition to physical movement, music appreciation, and line dancing classes made possible by this grant.



The Pines residents enjoy line dancing.



## REP. DINGELL VISITS HURON VALLEY PACE

Huron Valley Program of All-inclusive Care for the Elderly (PACE®), hosted a visit in October 2022 from U.S. Representative Debbie Dingell (D-MI 12th district) and Administrator of the Centers for Medicare and Medicaid Services (CMS), Chiquita Brooks-LaSure. Rep. Dingell and Brooks-LaSure led a Senior Town Hall at the Huron Valley PACE Day Center in Ypsilanti, Michigan to hear concerns of older adults and share updates on home- and community-based services. Said Sonja Felton, Executive Director of Huron Valley PACE, "We are deeply grateful for Congresswoman Dingell's leadership to make PACE more accessible for older adults."



Rep. Debbie Dingell, Chiquita Brooks-LaSure, and Sonja Felton



## BEST & BRIGHTEST TOP 101 IN THE NATION

Brio Living Services continues to receive honors as a Best & Brightest Company to Work For® in West Michigan and in the Nation! Brio was also among the Top 101 Highest Scoring Winners for the National program. "This honor is a direct reflection of our team members who help deliver on our mission each day: Welcoming all, partnering together, enriching lives," said Michelle Henderson, Brio's Chief Human Resources Officer. "We could not be more proud of our dedicated team members who work tirelessly to improve the lives of older adults."







## KELLI SMITH LEADS UMRC-PORTER HILLS FOUNDATION

After an extensive national search, the UMRC-Porter Hills Foundation Board of Directors announced the appointment of Kelli Smith, CFRE as the Foundation’s next President & CEO.

Kelli comes to the Foundation with more than 25 years of philanthropic experience in the areas of healthcare and education. “I am thrilled to have the opportunity to partner with Kelli who is such a gifted and experienced professional,” said Foundation Board Chair, Reezie DeVet. “She will be instrumental in our mission and success in serving older adults across Michigan.”



Kelli Smith greets guest at Giving Gratitude event.



## EXCITING UPDATES AT PORTER HILLS VILLAGE

In June 2023, Brio Living Services announced plans for a new Independent Living addition, as well as the opening of renovated, state-of-the-art dining room and common spaces, at Porter Hills Village. The Ravines will offer exceptional luxury and vibrant living with picturesque views of the nearby woodlands. The dining room and common space updates were made possible thanks to an investment of over \$8 million from Brio Living Services, including a \$5 million grant from the Edward N. & Della L. Thome Memorial Foundation. New spaces include a learning studio, enhanced library, Mosaic Market, movie theater with recording studio, Café Vander Mey, and more.



Elegant dining at Porter Hills Village.



## TRIBUTE TO CAL OWEN

Brio Living Services and the UMRC-Porter Hills Foundation pay tribute to Cal Owen, who passed away in November 2023, just shy of his 100th birthday. Cal was instrumental in the founding of Porter Hills through his involvement with the Isabella Home for Aged Women in Grand Rapids and Westminster Presbyterian Church where he and his wife, Ann, were members. Owen-Ames-Kimball, where Cal devoted his 40+ year career, was chosen to construct Porter Hills Village. He and Ann were among the first to make Cook Valley Estates their home in 2000. Cal believed in giving back to his community and was a long-time member of both the Porter Hills corporate and foundation boards. “Cal was always prepared and participated openly,” says Bruce Barnhart, who served on both boards with Cal. “He was wise, pragmatic, and highly respected.”

He and Ann were among the first to make Cook Valley Estates their home in 2000. Cal believed in giving back to his community and was a long-time member of both the Porter Hills corporate and foundation boards. “Cal was always prepared and participated openly,” says Bruce Barnhart, who served on both boards with Cal. “He was wise, pragmatic, and highly respected.”

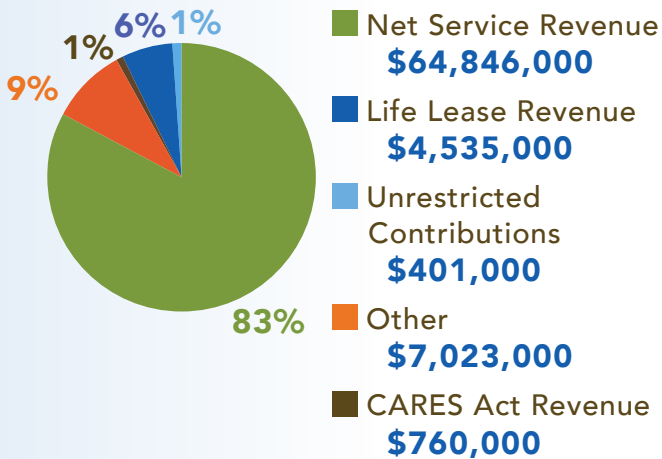


Cal Owen

# Fiscal Year Ending 2023 Financial Report

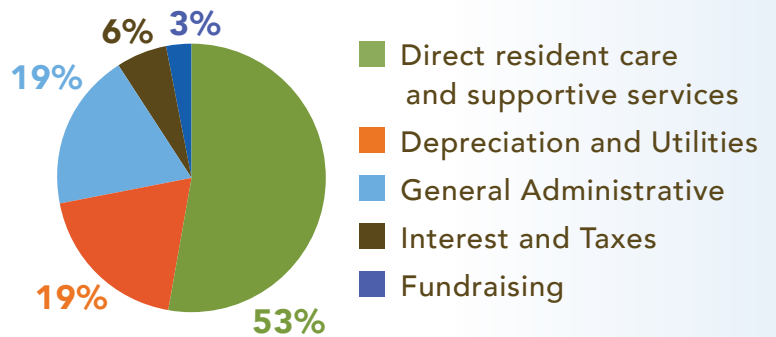
JULY 1, 2022 THROUGH JUNE 30, 2023

## OBLIGATED GROUP\* OPERATING REVENUE



**TOTAL: \$77,565,000**

## OBLIGATED GROUP\* OPERATING EXPENSES



Only **3%** in fundraising expenses!  
UMRC–Porter Hills Foundation is committed to being a good steward of your gifts.

\*Obligated Group is comprised of Brio Living Services and UMRC–Porter Hills Foundation.

## CAPITAL INVESTMENTS

Chelsea Retirement Community  
**\$1,323,000**

The Cedars of Dexter  
**\$176,000**

Huron Valley PACE  
**\$82,000**

Thome PACE  
**\$220,000**

Senior Community Care of Michigan  
**\$154,000**

Porter Hills Village  
**\$9,108,000**

Cook Valley Estates  
**\$858,000**

Meadowlark Retirement Village  
**\$308,000**

LifeCircles PACE  
**\$115,000**

Affordable Housing Communities  
**\$327,000**

Includes:

- Bailey's Grove \$40,000
- Harvest Way \$48,000
- Oak Ridge \$119,000
- River Grove \$44,000
- Station Creek \$20,000
- Walker Meadow \$56,000

Brio Living Services made total Capital Investments of **\$12,671,000** to improve the lives of older adults across Michigan.

**As a nonprofit, Brio Living Services reinvests ALL margin and philanthropic dollars to uphold and expand our mission.**

RESTRICTED AND UNRESTRICTED CONTRIBUTIONS

# \$7,193,000 Total Contributions

## UMRC-Porter Hills Foundation

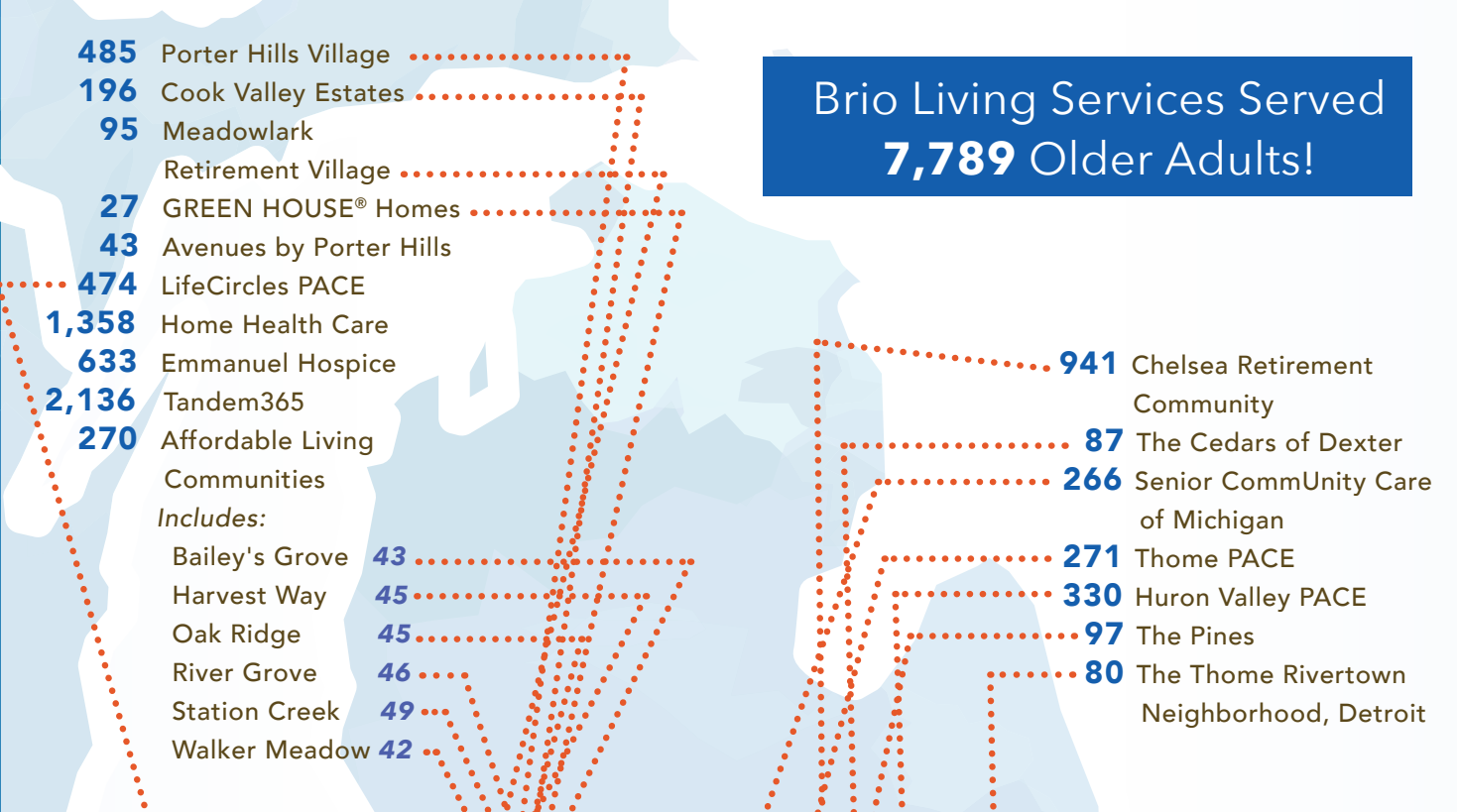
**THANK YOU** for your gifts that support our initiatives of:

Benevolent Care  
Team Member Support Services

Life Enrichment  
Capital Improvements

OLDER ADULTS SERVED

Brio Living Services Served  
**7,789** Older Adults!





# Food for Thought

## Huron Valley PACE and Local Partners . . .

**T**he first and third Wednesdays each month are busy days at Huron Valley PACE. That's when Food Gatherers of Washtenaw County delivers food items to the PACE food pantry.

“The population we serve at Huron Valley PACE is often affected by limited access to food or challenges getting enough food at home, due to financial or mobility issues or not enough opportunities to get to a grocery store,” says PACE dietitian and nutrition manager, Mieko Diener, MPH, RD. “Having a food pantry gives our participants some of their autonomy back.”



Fully stocked shelves in the PACE Food Pantry.



Mieko Diener and Marie Ries, RDN open boxes from Food Gatherers.

Approximately 130 PACE participants utilize the pantry each month, as well as 50 PACE team members. Last year, Food Gatherers provided over \$31,000 in food support to Huron Valley PACE, providing 186 unique households the equivalent of 14,548 meals. Fresh produce made up 34.6% of the total food items.

In addition to Food Gatherers, Huron Valley PACE partners with Ypsilanti Meals on Wheels and Zilke Farm Kitchen in Milan which prepares meals served hot in the Huron Valley PACE Day Center or frozen to send home with participants. “Together, we’re able to provide participants with a variety of healthy options to choose from,” says Mieko.

In 2021, a grant from the Ann Arbor Area Community Foundation helped to expand

# Making Healthy Choices Possible

## ... Provide Healthy Food Pantry Options for PACE Participants



Val McMurtrie and Clarisse Bouda, CNA, put fresh produce in the pantry fridge.

PACE's pantry, and the Michigan Dairy Council provided a new refrigerator which allows for additional perishable items, such as milk, eggs, and fresh produce.

Once a month, the PACE dietitians offer "Food for Thought" presentations on topics regarding nutrition education or cooking demonstrations, such as how to steam vegetables in the microwave.

Says Mieko, "One thing I love about the food pantry is, when we share ways to make dietary changes with our participants, I can send them home that very day with those

food items from the pantry. We can see an immediate increase in their intake of that food and help promote healthy eating habits."

Mieko is grateful to team members like Val McMurtrie, Huron Valley PACE Recreation Therapy Assistant, who does the ordering, and the five volunteers who help participants "shop" in the pantry. Each participant can choose fruits, vegetables, protein, grains, and non-food items, such as toiletry and paper products. "Thanks to the volunteers, our participants are able to shop and have input into the foods they like. As nutritionists, we really focus on participants' self-efficacy. With the food pantry, we can guide them to make healthy choices by having healthy options available to choose from. For those who still like to cook and prepare foods, it also gives them that opportunity." ■



Mieko Diener



# UMRC-Porter Hills Foundation

## LEGACY SOCIETY

We are honored to remember the following group of more than 400 treasured friends who have made—and continue to make—a difference in the lives of older adults by including the UMRC-Porter Hills Foundation in their estate plans. Their generous gifts, totaling nearly \$24 million, reflect their steadfast belief in our faith-filled mission of service to older adults. Though they are gone, their legacy lives on.

### **\$1 MILLION +**

Mrs. Edith K. Brinkman  
Mrs. Elsie Flaishans  
James and Anne Ford Trust

### **\$100,000 - 999,999**

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Mildred Asselstine  
Eleanor and John A. Bott  
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Lena Brummel  
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Mrs. Vesta Pauline (Ford) Hons  
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Mrs. Bernita Vandervoort  
Patricia A. Weimeister  
Mrs. Ruth V. Williams

### **\$10,000 - 99,999**

Anonymous (3)  
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Cay Marks  
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Bill and Inetta Martindill  
Doris Massey





**A note of thanks from our Dancey House Independent Living residents at Chelsea Retirement Community! Thanks to an anonymous gift of \$3 million to the UMRC-Porter Hills Foundation, our residents are enjoying new energy-efficient windows and furnaces, just in time for winter! In December alone, the energy savings has topped \$10,000!**

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## CURRENT LEGACY SOCIETY MEMBERS

The UMRC-Porter Hills Foundation is delighted to welcome **eleven** new members to our Legacy Society this year! We are grateful for your vision and the impact you will have in support of the older adults we serve.

Anonymous (1)\*  
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**Assisted Living residents at Thome Rivertown Neighborhood have enjoyed a variety of fitness classes and NuStep equipment, thanks to a grant from Enterprise Thome Aging Well. Classes include Chair Aerobics (pictured here with instructor Lora Stafford, right) and Dancing for Fun and Fitness.**







**In Fiscal Year 2022-23, your thoughtful gifts to Team Member Support Services made possible:**

**Scholarships to 24 team members, totaling \$68,841.00**  
**Emergency Aid to 27 team members, totaling \$21,183.53**

**Since launching these initiatives, the Foundation has provided:**  
**139 Scholarships, totaling \$564,909.00 and**  
**Emergency Aid of more than \$152,000.00 to 164 team members.**



Scholarship recipient,  
Hannah Warren

## CHURCHES AND AFFILIATES

UMC = United Methodist Church

UWF = United Women in Faith (formerly United Methodist Women)

Arcadia UMC  
 Avoca UMC  
 Bancroft UMC  
 Bethany UMC  
 Bethel UMC-Flint  
 Big Beaver UMC  
 Brookside UMC  
 Calvary UMC-Jackson  
 Calvary UWF-Holly  
 Carleton UWF\*  
 Chapel Hill UMC  
 Christ UWF-Crystal Falls\*  
 Clayton UWF\*  
 Commerce UWF  
 Davison UWF\*  
 Dixboro UMC  
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 Elberta UMC  
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 Presbyterian Church  
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 Gordonville UMC, UWF\*  
 Grace UWF-Bay City\*

Grand Blanc UMC\*  
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 Holly Calvary Church Women  
 Jeddo UMC  
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 Manchester UMC  
 Marble Memorial UWF\*  
 Marshall UMC  
 Martin/Shelbyville UMC  
 Milford UMC  
 Nashville UMC  
 Nelson UWF\*  
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 Open Door UMC  
 Otisville UMC  
 Owendale UMC  
 Petersburg UMC\*

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 Winn UMC

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Thank you for partnering with the UMRC-Porter Hills Foundation to serve older adults with a gift from July 1, 2022 through June 30, 2023.

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\*Donor has given ten consecutive years or more



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***“If Porter Hills Village were a person, its smile would reach its eyes,” says Marti Atwater, whose mother, Marilyn Walters, was a resident. “The team is incredibly caring, especially those with ‘boots on the ground.’ They really cared about my Mom, which gave our family a more confident feeling about her care. It is such a welcoming atmosphere. The receptionists knew me by name and would greet me and ask about my Mom.”***

**Marilyn first moved to Cook Valley Estates in 2008, spending six months there and six months in Arizona. “She loved her neighbors at Cook Valley,” says Marti. In 2020, Marilyn experienced a fall. She stayed in a respite room at Porter Hills Village then decided to make the community her home.**

**She was able to move through the continuum of care at Porter Hills Village including assisted living and skilled care.**

**“As a retired teacher, Mom enjoyed her interactions with other people and loved when the kids were out playing from Generations (Child Development Center),” says Marti. “She really enjoyed being down by the pond, taking walks on the paths, and watching the geese and ducks. I have recommended Porter Hills Village to others who are looking for a place for their parents.”**



Marilyn Walters



**Brio Living Services is excited to announce the re-launch of AVENUES BY BRIO LIVING SERVICES in early 2024! Avenues is a life plan community at home program for older adults, focusing on health and wellness and providing navigation services for its members to remain living independently in their own home. Learn more in our next *CommUnity* magazine!**

## UMRC-PORTER HILLS FOUNDATION DONORS

We are grateful to each of our friends who have supported the older adults we serve through their gifts to the UMRC-Porter Hills Foundation from July 1, 2022 through June 30, 2023.

- |   |   |  |   |
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| <p>Anonymous (5)*<br/>         Anonymous (8)<br/>         Connie Adair<br/>         Mr. Steve Adsmond<br/>         Hope Alexander<br/>         Elizabeth Allen<br/>         Dr. Rodney Anderson<br/>         Jan Andre<br/>         David Andrea<br/>         Chuck and Susan Andrews<br/> <i>Mrs. Donna Antzack</i><br/>         Mary Austin and Carl Smith<br/>         Mr. Earl Avery<br/>         Mr. and Mrs. Robert S. Ayars<br/>         Mr. and Mrs. Michael Aznavorian*<br/>         Mr. and Mrs. Rod Babbitt<br/>         Bruce and Nancy Barnhart*<br/>         Mr. John W. Barrows<br/>         Cliff and <i>Isabel</i> Bath*<br/>         Mr. and Mrs. Roger Bean<br/>         Mr. and Mrs. Rodney Beckwith III<br/>         Mr. Charles Bell<br/>         Mr. William D. Bell*<br/>         Mr. and Mrs. Alton Bennett<br/>         Stephanie Bentley and John Weise<br/>         Dr. Andrew H. Berry, DO*<br/>         Mr. and Mrs. Dale Berry<br/>         Martha A. Blandford and Patrick S. 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\*Donor has given ten consecutive years or more



**“I am very glad to donate to the UMRC-Porter Hills Foundation’s Benevolent Care Fund to help someone in need. Both my Mom and Dad cared about others, and I want to do the same by donating to this fund. Saying thank you is not enough for all the wonderful, compassionate care you gave to my Mom, Carol Heim, while she was living at Glazier Commons. You also cared about my sisters and me—we felt like part of the family at Glazier!”**

**—Betty and Glenn Hmay (daughter and son-in-law of Carol Heim)**



Betty and Carol

## UMRC-PORTER HILLS FOUNDATION DONORS

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**Kristy Fetyko volunteers each week at Chelsea Retirement Community, making crafts with a group of residents, called the Material Girl Sisters. Proceeds from the sale of the items go to Faith in Action. Kristy says, "The Material Girl Sisters are proving, at any age, you can give back to your community and find purpose in life." Read more on our Friday Blog! [MyBrio.org/Blog](http://MyBrio.org/Blog)**



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# WORDS OF GRATITUDE

*"I want to thank the Foundation and its supporters for contributing to my education. I am looking forward to graduating this coming May. I am excited to see what the future holds for me with my Public and Nonprofit Administration degree. I enjoy being able to apply the knowledge I learn in my classes to my current role at Cook Valley Estates. Thank you to the Foundation for the support that has allowed me to complete my bachelor's degree."*

*Warmly, Jenny Levandowski*



Jenny Levandowski and her mom, Mary Jo, also a Brio Living Services team member.

## BRIO LIVING SERVICES TEAM MEMBER HONOR ROLL

We are grateful for the dedicated, compassionate team members of Brio Living Services who make a difference in the lives of older adults each day. A special thank you to those who made a gift to the UMRC-Porter Hills Foundation from July 1, 2022 through June 30, 2023.

- |                   |                    |                          |                       |                      |
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### To err is human; to forgive, divine.

Every effort has been made to ensure the information contained in this Annual Report is as accurate and complete as possible.

In the event of an error or omission, please accept our apology and contact the UMRC-Porter Hills Foundation office at 734.433.1000 ext. 7502 (east) or 616.577.2297 (west) so that we may update our records. Thank you very much.



Cultivating resident experiences that help you live life to the fullest

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# BALANCED LIVING

By Brio Living Services



Chelsea Retirement Community

## MISSION OF BALANCED LIVING:

BALANCED LIVING BRIDGES CONNECTIONS FOR A SERVICE MODEL THAT ELEVATES AND CREATES HOLISTIC RESIDENT EXPERIENCES. WE FOSTER A COLLABORATIVE APPROACH TO PLAN OUR LIFESTYLE OFFERINGS WITH OUR EXPERT TEAM INVESTED IN RESIDENT WELL-BEING. BY BREAKING DOWN THE SILOS, BALANCED LIVING CULTIVATES LIFE ENRICHING PROGRAMS AND EXPERIENCES!



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## The Heart of Your Story!

**E**ach of us has a story to tell about our lives, the things we are passionate about, and the values we hold dear. Take time to share your story with loved ones and leave your legacy:

1. Talk about traditions and preserve memories.
2. Interview a loved one — or yourself.
3. Capture stories and turn them into a keepsake book or video.
4. Inspire others by sharing the causes that are at the heart of your story!

*Many of you have been a part of Brio Living Services' story for years or even generations! We are grateful for your part in OUR story!* If you have a story to share, we'd love to hear it! Call 734.433.1000 ext. 7426.

You can also share what is important to you through a gift in your estate plan. Your gifts to the UMRC-Porter Hills Foundation are a meaningful way to make a difference in the lives of older adults.

**To leave a lasting legacy for older adults, contact the UMRC-Porter Hills Foundation at 734.433.1000 ext. 7397 (east) | or | 616.577.2297 (west) [Foundation.UMRCPH.org/planned-giving/](http://Foundation.UMRCPH.org/planned-giving/)**