PLEASE JOIN US!
Explore how to forge your path to a secure and independent older age with confidence.



## solo & savvy

You might be solo, but you don't have to age alone.



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It's never too EARLY
—until it's too LATE!

This is your exclusive opportunity to start planning your future with our **NEW** program, Avenues by Brio Living Services—a unique membership program allowing you to stay in your home, predict long-term care costs, and enhance your lifestyle!

Learn how **AVENUES** can help you have full control over how you want to live in the years ahead.

92%

of adults want to age at home 70%

of older adults will need long-term care \$150,000

the average yearly cost for long-term care in Michigan 3 Years

the average amount of time adults will need long-term care

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You might be solo, but you don't have to age alone.

Not everyone has traditional family support or the support of a spouse as they are navigating aging. Join us for one of our in-person events and you will learn:

- How Avenues by Brio Living Services allows you to age well in the comfort of your home
  - Steps to take, as early as your 50s, to prepare for your aging journey
- How to engage in proactive health and wellness to reach optimal independence as you age

## **Thousand Oaks Golf Club**

4100 Thousand Oaks Dr NE, Grand Rapids, MI 49525

Join us for beer, wine, and hors d'oeuvres

Wednesday, November 13, 2024 at 4:00 pm

PLEASE RSVP BY NOVEMBER 6

Join us for a delicious lunch

Tuesday, November 19, 2024 at 11:00 am

PLEASE RSVP BY NOVEMBER 11



Visit **MyBrio.org/AvenuesNovember,** scan the code, or call **616.253.6027** to RSVP!

Visit **AvenuesBLS.org** to learn more!

Brio Living Services, formerly known as UMRC & Porter Hills.