

GETTING TO KNOW DEMENTIA

FREE Community Training



FREE EDUCATIONAL SESSIONS!

Utilizing Teepa Snow's Positive Approach to Care® (PAC), attendees will learn about the GEMS® State model of the progression of dementia and learn how we can adapt our approach to create positive relationships.

Throughout six consecutive sessions, attendees will understand the brain changes that occur due to a form of dementia, and how to differentiate these symptoms from normal aging or a high-stress lifestyle.

Learn how to provide the right support for your loved one with tips such as:

- Visual, verbal, and touch cues
- Assisting with activities of daily living
- Continuing to connect with your loved one, no matter what stage they may be in

ALL ARE WELCOME!

Anyone who is interested in learning more about dementia, such as family members, care aides or students, health care professionals, volunteers, faith communities, and the general public are welcome to attend!

**Chelsea Retirement Community,
Towsley Village - All Seasons Room**

805 W. Middle St., Chelsea, MI 48118



**Chelsea
Retirement
Community**



To register, scan the code, call 734.537.7529, or visit ChelseaRetirementCommunity.org/Training

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YOUR INSTRUCTOR:



Linda Mammel, Memory Care Program Manager Chelsea Retirement Community

Committed to providing quality dementia care training to Chelsea Retirement Community (CRC) team members, and now the greater community, Linda is PAC Certified and has led the CRC team in obtaining the Designated Organization accreditation, along with aiding in PAC certification for assisted living leaders. Linda has a master's degree in Workplace Education, Development & Leadership, a graduate certificate in Aging Studies, and is passionate in sharing her expertise to advocate for anyone experiencing dementia and their loved ones.

SCHEDULE: ATTEND ANY OR ALL SESSIONS!

Saturday, January 25 10:00 am - 12:00 pm	Part 1: What is Dementia, Really?
Wednesday, March 26 5:30 pm - 7:30 pm	Part 2: What Brain Changes and Shifts in Ability are Noticed When Dementia Happens?
Wednesday, May 28 5:30 pm - 7:30 pm	Part 3: Looking at Progression and Seeing More than Loss: The GEMS® State Model
Wednesday, July 23 5:30 pm - 7:30 pm	Part 4: The GEMS® State Model: In the Right Setting with the Right Care, all GEMS Can Shine
Wednesday, September 24 5:30 pm - 7:30 pm	Part 5: New Skills for Helping and Supporting
Wednesday, November 19 5:30 pm - 7:30 pm	Part 6: Being an Advocate and Building a Support Team



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