

# Your Longevity Roadmap:

Navigating the Path to **AGING WELL!**



**PLEASE JOIN US!**

This is your exclusive opportunity  
to learn more about Brio Living  
Services' **INNOVATIVE** program!





# Avenues

BY BRIO LIVING SERVICES

## Considering Aging at Home?

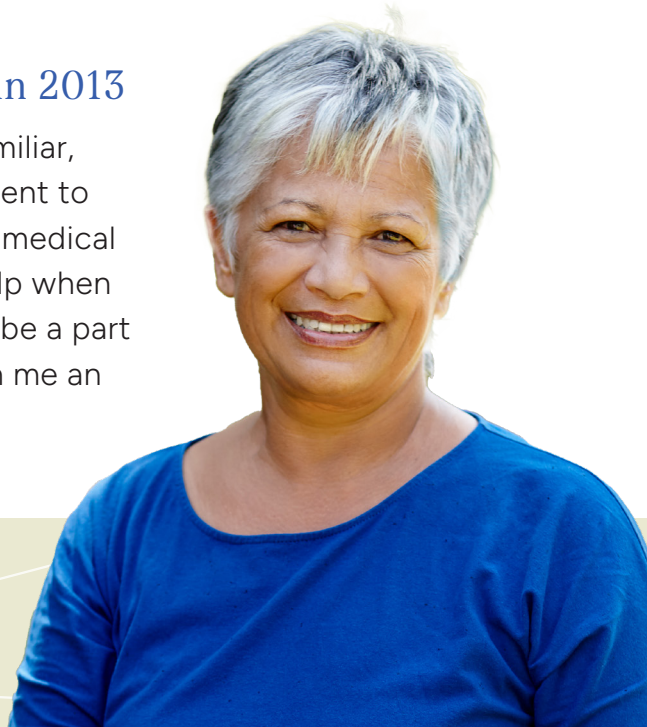
While aging in place is a goal for many, it's also one of the most challenging paths to take. In fact, 70% of older adults who wish to remain at home ultimately transition to nursing facilities. Why? Because they lack the support, structure, and expert guidance needed to make aging at home sustainable. That's where Avenues comes in.

Join us to discover **Avenues**, our exclusive aging-at-home program designed to empower you with the tools, team, and personalized strategies you need to thrive at home—on your terms.

**Aging well isn't just about having a plan. It's about having the right experts by your side every step of the way.**

### Mary joined Avenues in 2013

"Avenues has provided a familiar, competent, go-to environment to discuss and understand my medical issues. I've had excellent help when I've needed it. I am lucky to be a part of this program—it has given me an invaluable peace of mind."



# Please join us!

## In-person!

**Tuesday, August 5 at 2:00 pm - RSVP by July 29**

**Roselle Park – Resource Building** 1010 Grand River Dr. NE, Ada



**Amy VanderPloeg**, Brio Living Services' Regional Sales Director, has over 20 years of leadership experience in senior living to expertly guide older adults through their care and lifestyle options. Her comprehensive background spans sales, marketing, and community operations, making her a trusted advocate for older adults and their families.

Refreshments available.

## ...or Virtually!

**Thursday, August 21 at 2:00 pm - RSVP by August 14**

**From the comfort of your home!**



**Amanda Lynch**, Co-founder and Chief Operating Officer, Jordan River Group & Jordan River Living, develops programs and workshops that strengthen senior living organizations nationwide. Through Jordan River Living, she pioneers Continuing Care at Home (CCaH) programs, helping older adults age independently by combining financial planning with wellness support.

# RSVP Today!

**616.253.6027 · [AvenuesBLS.org/August](https://AvenuesBLS.org/August)**

# Please Join Us!

This is **NOT** an event for another retirement community! This is your exclusive opportunity to learn more about Brio Living Services' **INNOVATIVE** program! If you can't make it to our event, we're always here to talk. We want to learn about your dream retirement. Give us a call to arrange an appointment at a time that's convenient for you.

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**AvenuesBLS.org/August**



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3600 Fulton Street E,  
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